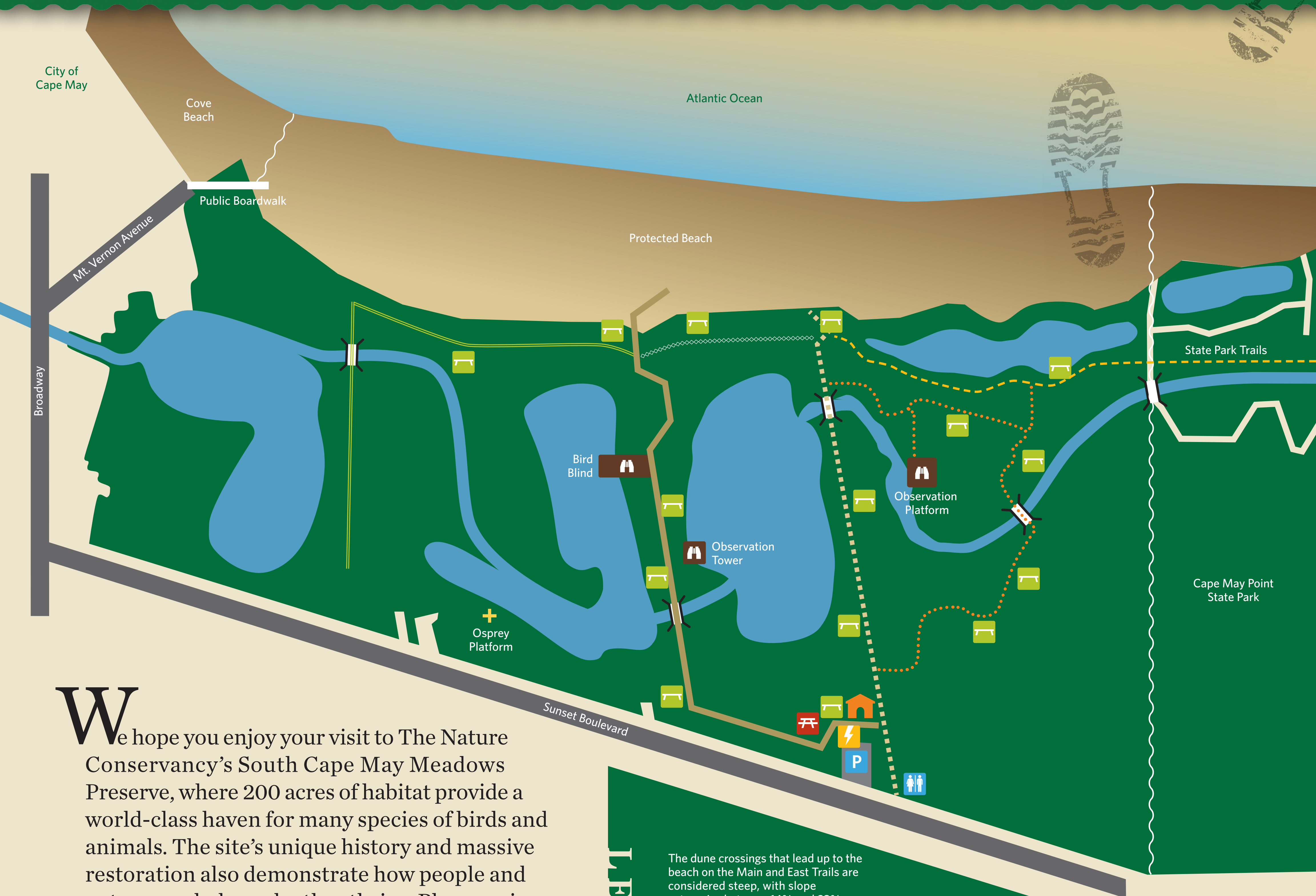


# Welcome to SOUTH CAPE MAY MEADOWS



**W**e hope you enjoy your visit to The Nature Conservancy's South Cape May Meadows Preserve, where 200 acres of habitat provide a world-class haven for many species of birds and animals. The site's unique history and massive restoration also demonstrate how people and nature can help each other thrive. Please enjoy our trails, wildlife viewing areas, digital kiosk and other features with the following in mind:

Open daily dawn to dusk

Please remain on marked trails

Bikes and animals, except trained service dogs, are prohibited

Beach use restricted March 15 to September 1 for the safety of nesting shorebirds

No swimming or fishing at any time

No drones

The Nature Conservancy (TNC) works around the globe to conserve the lands and waters on which all life depends. Our vision is a world where the diversity of life thrives, and people act to conserve nature for its own sake and its ability to fulfill our needs and enrich our lives.

Visit The Nature Conservancy at [www.nature.org](http://www.nature.org).

## LEGEND

The dune crossings that lead up to the beach on the Main and East Trails are considered steep, with slope categories between 14% and 23%.

**Main Trail**  
Length: 0.4 miles  
Surface Type: Compact crushed stone  
Minimum width: 5 ft  
Average slope: 5% or less

**Boardwalk Trail**  
Length: 0.5 miles  
Surface Type: Boardwalk  
Minimum width: 6 ft  
Average slope: 2% or less

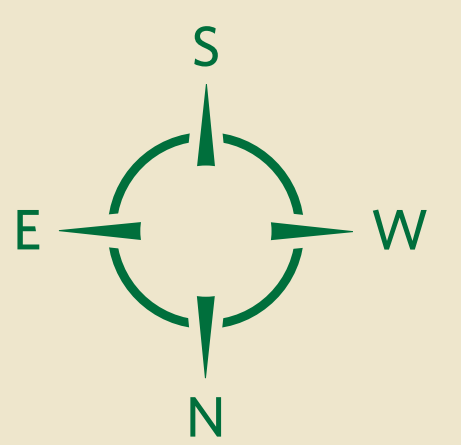
**State Park Connection Trail**  
Length: 0.25 miles  
Surface Type: Sand and grass  
Minimum width: 2 ft  
Average slope: 5% or less

**Dune Connection Trail**  
Length: 0.15 miles  
Surface Type: Compact crushed stone  
Minimum width: 5 ft  
Average slope: 5% or less

**East Trail**  
Length: 0.49 miles  
Surface Type: Compact crushed stone  
Minimum width: 5 ft  
Average slope: 5% or less

**East Trail Spur**  
Length: 0.45 miles  
Surface Type: Sand and grass  
Minimum width: 2 ft  
Average slope: 5% or less

- Welcome Center and Digital Kiosk
- Solar Device Charging
- Paved Parking
- Portable Restroom
- Bench
- Picnic Table
- Wildlife Viewing
- Bridge



SCAN ME

Scan this QR code to access a free audio tour for this preserve.

**The Nature Conservancy**

Protecting nature. Preserving life.

**Can't get enough of nature?** Visit The Nature Conservancy's other local preserves:

**The Garrett Family Preserve at Cape Island Creek** (5 minutes/1.7 miles by car)  
Head east on Sunset Blvd. toward Columbia Ave. (0.6 mi), Turn left onto Cape May 626/Broadway (1.0 mi), Turn right onto Wilson St. to preserve entrance.

**Lizard Tail Swamp Preserve** (25 minutes/16.8 miles by car)  
Take Seashore Rd. to NJ 444/GSP (4.1 mi), Follow GSP North (10 mi), Turn left at Stone Harbor Blvd. and continue on Dennisville Rd. (6.8 mi), Turn right onto Goshen Swainton Rd. (0.6 mi) to preserve entrance.